

**Checklist(tick as a statement of agreement and understanding)**

**Health Professional/Clinician**

- I have assessed the likelihood of pregnancy .....Y/N
- The patient has consented to self-administer? .....Y/N
- The patient is aware of the possible side effects and when to seek medical advice.....Y/N
- I have witnessed the patient self-administering and I am confident in her competence to do so.....Y/N
- I have provided a purple lidded sharps bin and advised of local collection/disposal arrangements.....Y/N
- I have provided the information booklet.....Y/N
- I have arranged for the prescriptions to be sent to the nominated pharmacy for 12 months.....Y/N

SIGNED .....FULL NAME .....

**Patient**

I understand that the injection can be given by my doctor or nurse, or I can be taught how to inject myself

I have chosen to learn how to inject myself .....Y/N

I understand that I need one injection every 13 weeks and have been provided with post-dated or repeat prescriptions (if self-administering) .....Y/N

The benefits of Sayana Press and the possible side effects have been explained to me.....Y/N

I am aware that I can set mobile phone reminders if I need to be reminded when my next dose is due via Sayana® Press website ([www.sayanaanswers.co.uk](http://www.sayanaanswers.co.uk)) .....Y/N

I will contact the surgery if I have any worries about injecting, particularly:

1. Very painful or longer-lasting reactions at the injection site
2. If I am worried I may not have given the injection correctly
3. If it has been more than 14 weeks since my last injection
4. If I have changed my mind and don't want to give the injection myself
5. Any other concerns I may have

I understand the need to keep my sharps bin in a safe place and the collection procedure.....Y/N

SIGNED.....FULL NAME .....

For more information, including the patient information leaflet visit:

<http://www.sayanapress.co.uk/sayana-home>

This guidance is adapted from NHS Scotland (Lothian): PROCEDURE FOR THE SELF ADMINISTRATION OF SAYANA PRESS

Important note: Sayana® Press does not protect against HIV or other Sexually Transmitted Infections (STIs) – discuss sexual health needs and provide condoms if appropriate