

Medication to Delay Periods for Holidays

We frequently have appointments booked to request medication to delay periods for upcoming holidays, especially during the summer months. We are aware of the ongoing high demand for appointments at the surgery and we continue to actively look for ways to meet this demand.

We therefore request that patients over the age of 18 years who wish to discuss starting medication to delay their period should visit a community pharmacist where this medication can be purchased privately, or alternatively there are a number of online private services which can provide a prescription quickly and efficiently.

We will continue to accept consultations for patients under the age of 18 years since these patients may be unable to purchase the medication privately. We will discuss the options available and the risks and benefits of medication to delay periods. We will need to know the patient's weight, height, blood pressure and smoking status. Certain medication can increase the risk of blood clots and is not suitable for all patients.

For women who struggle with very painful or very heavy periods which affect their daily activities each time they have their period we will continue to offer consultations to discuss the range of options available to help these women.